

SENIOR ACTIVITIES

NOVEMBER 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2 *Knitting 9-11am *Exercise 10:30-11:30a *Bingo 1:00pm *Duplicate Bridge 1-5 *Walking Group 1-2pm *Senior Pickleball 1-2pm	3 *Ceramics 9a-3p *Knitstas Knitting Grp. 10am-1pm *Silver Yoga 10-11am *Walking Group 10-11am - Track *Senior Pickleball 1-2pm *Senior Table Tennis 10:30-12p *Dominos & Pinochle— 1-3pm	4 *Exercise 10:30-11:30am *Mah Jong 11-3:30pm *Bridge 12-4pm *Bingo 1:00pm *Walking Group 1-2pm on the Track *Senior Pickleball 1-2pm *Cribbage 6-9pm	5 *TOPS Group 8:15-10:30 *Silver Yoga 10-11am *Walking Group 10-11am Track *Senior Pickleball 1-2pm *Dominos & Pinochle—1-3pm	6 *Ceramics 9am-3pm *Exercise 10:30-11:30a *Bingo 1:00pm *Walking Group 1-2pm Track *Senior Pickleball 1-2pm	7	
8	9 *Knitting 9-11am *Exercise 10:30-11:30a *Bingo 1:00pm *Duplicate Bridge 1-5 *Walking Group 1-2pm Track *Senior Pickleball 1-2pm USO Celebration	10 *Ceramics 9a-3p *Knitstas Knitting Grp. 10am-1pm *Silver Yoga 10-11am *Walking Group 10-11am - Track *Senior Pickleball 1-2pm *Senior Table Tennis 10:30-12p *Dominos & Pinochle— 1-3pm	11 Center Closed in Observance of Veterans Day	12 *TOPS Group 8:15-10:30 *Silver Yoga 10-11am *Walking Group 10-11am Track *Senior Pickleball 1-2pm *Dominos & Pinochle—1-3pm	13 *Ceramics 9am-3pm *Exercise 10:30-11:30a *Bingo 1:00pm *Walking Group 1-2pm Track *Senior Pickleball 1-2pm	14 Riverdance Trip Depart Senior Center at 12:15pm	
15 YAH BINGO 12-4pm 	16 *Knitting 9-11am *Exercise 10:30-11:30a *Bingo 1:00pm *Duplicate Bridge 1-5 *Walking Group 1-2pm Track *Senior Pickleball 1-2pm	17 *Ceramics 9a-3p *Knitstas Knitting Grp. 10am-1pm *Silver Yoga 10-11am *Walking Group 10-11am - Track *Senior Pickleball 1-2pm *Senior Table Tennis 10:30-12p *Dominos & Pinochle— 1-3pm	18 *Exercise 10:30-11:30am *Mah Jong 11-3:30pm *Bridge 12-4pm *Bingo 1:00pm *Walking Group 1-2pm on the Track *Senior Pickleball 1-2pm *Cribbage 6-9pm	19 *TOPS Group 8:15-10:30 *Silver Yoga 10-11am *Walking Group 10-11am Track *Senior Pickleball 1-2pm *Dominos & Pinochle—1-3pm VanGogh & Vino Trip	20 *Ceramics 9am-3pm *Exercise 10:30-11:30a *Bingo 1:00pm *Walking Group 1-2pm Track *Senior Pickleball 1-2pm	21 Mary Poppins Trip Depart Senior Center at 1pm	
22	23 *Knitting 9-11am *Exercise 10:30-11:30a *Bingo 1:00pm *Duplicate Bridge 1-5 *Walking Group 1-2pm Track *Senior Pickleball 1-2pm	24 *Ceramics 9a-3p *Knitstas Knitting Grp. 10am-1pm *Silver Yoga 10-11am *Walking Group 10-11am - Track *Senior Pickleball 1-2pm *Senior Table Tennis 10:30-12p *Dominos & Pinochle— 1-3pm	25 *Exercise 10:30-11:30am *Mah Jong 11-3:30pm *Bridge 12-4pm *Bingo 1:00pm *Walking Group 1-2pm on the Track *Senior Pickleball 1-2pm *Cribbage 6-9pm	26 Center & Gym Closed in Observance of Thanksgiving	27 Center & Gym Closed in Observance of Thanksgiving	28	
29 YAH BINGO 12-4pm  Nutcracker Trip dep 11am	30 *Knitting 9-11am *Exercise 10:30-11:30a *Bingo 1:00pm *Duplicate Bridge 1-5 *Walking Group 1-2pm Track *Senior Pickleball 1-2pm Meadowood Mall Trip						